

ADENDUM TO THE GUIDELINES ON FOREIGN TRAINED NURSES EXAMINATIONS

Course Content for Paper II in General Nursing

The content of this paper comprises Psychiatric Nursing, Obstetric Nursing and Public Health Nursing. Disease conditions listed should be studied under the following headings: Causes Predisposing factors, Clinical features, Complications, Treatment, Nursing Management and Prevention.

A. PSYCHIATRIC NURSING

1. Promotion and maintenance of mental health
2. Neuroses
 - a. Anxiety Neurosis
 - b. Phobic States
 - c. Hysterical Reactions
 - d. Obsessive – Compulsive Reaction
 - e. Neurotic Depression
 - f. Hypochondriasis
3. Psychoses
 - a. Functional Psychoses –Schizophrenia depression, manic – depression illness Puerperal Psychoses, post partum blues
 - b. Organic Psychoses –delirium dementias (senile and pre senile types), epilepsy.
 - c. Substance abuse.
 - d. Behaviour disorders
 - e. Mental subnormality
 - f. Psychosomatic disorders

B. OBSTETRIC NURSING

1. Parts and functions of the male and female reproductive organs.
2. Lactation
3. Normal Pregnancy
 - a. Physiological changes during pregnancy in the various body systems.
 - b. Minor disorders of pregnancy.
4. Antenatal Care
 - a. Aims and benefits
 - b. Standard schedule for antenatal visits

5. Health Education
 - a. Nutrition
 - b. Personal and environmental health
 - c. Danger signs of pregnancy
 - d. Immunization
 - e. Malaria prophylaxis (IPT)
 - f. Family Planning
 - g. Rest and work
 - h. Breast feeding
 - i. Care of the body

6. Immediate care of the newborn : resuscitation of the newborn

7. Post natal care
 - a. Management of the puerperium
 - b. Immediate care of the mother (first six hours)
 - c. Postnatal clinic visits
 - d. Minor disorders of the puerperium
 - i. After pains
 - ii. Breast engorgement
 - iii. Insomnia
 - iv. Fatigue

8. Specific Obstetric Emergencies
 - a. Early pregnancy
Ectopic pregnancy

 - b. Late pregnancy
 - i. Ante partum haemorrhage
 - ii. Pregnancy Induced hypertension
 - iii. Eclampsia

 - c. Labour
 - i. Post Partum haemorrhage
 - ii. Shock

C. PUBLIC HEALTH NURSING

1. Reproductive and child health
 - a. Total Family Care
 - b. Home supervision of families with different health needs – mental, physical and social.
 - c. Needs of the disabled family and the aged.
2. Cold Chain and Immunization.
3. Home visiting – types, preparation, techniques
4. School Health Services
 - a. Components
 - b. Team members and their roles.
 - c. Problems of the school child and their management: absenteeism, delinquency, truancy, hyper activity, drug abuse, teenage pregnancy.
5. Occupational Health Hazards in Ghana – Physical, Environmental, Protective Clothing.
 - a. Role of the nurse in occupational health
 - b. Occupational health team
 - c. Health promotion in occupational health
6. Primary Health Care
 - a. Concept of primary health care
 - b. Community – based health planning and services (CHPS)
 - i. Community diagnosis – assessment of health needs of individuals and the community.
 - ii. CHPS Services
7. The role of the general nurse in Public Health Nursing.
8. Integrated Diseases Surveillance and Response (IDSR)
 - a. Concept
 - b. Components

LIST OF RECOMMENDED TEXTBOOKS

OBSTETRIC NURSING

1. Adams M., Bailliere's Midwives Dictionary
London: Bailliere Tindall
2. Bennett V.R & Brown L. K. Myles: Textbook for Midwives, London: Churchill Livingstone.
3. Ojo O.A. & Briggs E.B., A Textbook for Midwives in the Tropics
4. Vulliamy D.G. & Johnston The newborn Child London: Churchill and Livingstone.

PSYCHIATRIC NURSING

1. Alrschul A, Psychiatric Nursing; London: Bailliere Tindall
2. Burr J., Psychiatric Nursing London: Churchill Livingstone
3. Colman J.C, Abnormal Behaviour and Modern Life, Los Angeles: SCOH Foreman & Co.
4. McConnel J., Understanding Human Behaviour Holt, Rhineharl & Winston
5. Stuart G.W. & Sundeen, S.J. Principles and Practice of Psychiatric Nursing, St. Louis: The C.V. Mosby Company.

PUBLIC HEALTH NURSING

1. Bradley M.F., Community Health for the Student Nurse London : Bailliere Tindall
2. Byrne M & Bennet F.J., Community Nursing In Developing Countries: A Manual for the Community Nurses. London: Oxford University Press
3. Freeman R., Public Health Nursing Practice.
4. Lucas A.O & Gilles, A short Textbook of preventive Medicine for the Tropics London: Edward Arnold